



DAILY ALL-IN-ONE NUTRITION

Comprehensive Core

PREMIUM FOUNDATION



ORGANIC
INGREDIENTS



NON-GMO



VEGETARIAN
FRIENDLY



PURE &
NATURAL

Dietary Supplement • Net Wt. 32 oz

Supplement Facts

SUGGESTED USE: 1 ounce daily as a dietary supplement. Follow with 8 ounces of pure water. May be taken with food. Shake Well Before Every Use (settling is normal). **Refrigerate After Opening. Keep Out of Reach of Children.** Use within 1 year of manufacture (MFD date on bottom). **WARNING:** Consult your healthcare provider before taking any supplement, especially if pregnant or nursing, or if you have any known or suspected allergies, or are taking any prescribed or over the counter medication or other supplements.

Serving Size: 1 Fl. Oz. (2 Tbs) • Servings Per Container - 32

	Amount Per Serving	% DV*		Amount Per Serving	% DV*		Amount Per Serving	% DV*
Calories	48	2%	Metabolic Vitamins, Minerals and Essential Cofactors			Organic Immune Vitamin C Polyphenols and Bioflavonoid Super Fruits Blend		
Total Fat	<1g	1%	Vitamin D-3 as Cholecalciferol (5000 IU)	125 mcg	625%	1325 mg		
Total Carbohydrate	11g	4%	Vitamin K2 as Mena-Q7®	60 mcg	50%	Organic Elderberry, Organic Blueberry, Organic Pomegranate, Organic Acai, Organic Cranberry, Organic Strawberry, Organic Blackberry, Organic Raspberry, Organic Cherry, Organic Apple, Organic Pear, Organic Red Grape, Organic Orange, Organic Tangerine, Organic Lemon Peel, Organic Acerola, Organic Camu Camu, Organic Rose hips, Organic Amla, Organic Orange Peel, Organic Mango		
Dietary Fiber	4g	14%	Calcium	200 mg	16%	Organic Alkalizing Greens and Detox Blend		
Total Sugars	6g	*	as Calcium amino acid chelates			1905 mg		
Protein	<1g	2%	Magnesium	200 mg	48%	Organic Milk Thistle, Organic Dandelion Extract, Curcumin / Turmeric, Organic Spirulina Algae, Organic Chlorella Algae, Organic Moringa, Organic Beet Root, Organic Globe Artichoke, Horsetail Extract, Oregon Grape Root, Organic Olive Leaf Extract, Organic Cilantro, Organic Astragalus, Organic Atlantic Kelp, Organic Carrot Root, Organic Spinach, Organic Cabbage, Organic Brussels Sprouts, Organic Broccoli, Organic Kale		
Vitamin A Complex			as Magnesium amino acid chelates			Cardiovascular & Circulatory Support Blend		
Vitamin A	900 mcg RAE	100%	Zinc as Albion TRAACS® zinc chelate	11 mg	100%	1395 mg		
as CaroCare® non-GMO beta carotene			Selenium as L-Selenomethionine	55 mcg	100%	Organic Resveratrol Extract, Organic Pomegranate, Organic Blueberry Concentrate, Organic Acai Berry Extract, Organic Olive Leaf Extract, Organic Beet Root, Grape Seed Extract, CoQ10, L-Citrulline, Magnesium Malate, Organic Hawthorn Berry Extract, Organic Green Tea Extract, Organic Garlic Extract		
Organic Mixed Carotenoids	175 mg	*	Copper	450 mcg	50%	Essential Protein Amino Acid Blend		
High-Potency Vitamin B Complex for MTHFR, Stress, Energy & Brain Support			as Albion TRAACS® copper chelate			200 mg		
B1 Thiamine as BenfoPure® Benfotiamine	20 mg	*	Manganese	1.15 mg	50%	L-Valine, L-Tryptophan, L-Threonine, L-Histidine, L-Isoleucine, L-Leucine, L-Lysine, L-Methionine, L-Phenylalanine		
B2 Riboflavin as Riboflavin 5'-Phosphate	20 mg	1540%	as Albion TRAACS® manganese chelate			Essential Fatty Acids and Phospholipids		
B3 Niacin as Niacinamide	62 mg NE	390%	Chromium	100 mcg	290%	300 mg		
B5 as Pantesin® Pantethine CoEnzyme A	50 mg	*	as Albion TRAACS® chromium chelate			Flax Seed ALA Omega 3 fatty acids and Sunflower Lecithin phospholipids		
B6 Pyridoxine as Pyridoxal 5'-Phosphate	40 mg	2350%	Molybdenum	45 mcg	100%	Other Ingredients: Purified Water, Organic Apple, Organic Pear, Organic Red Grape Juice Concentrate, Organic Elderberry, Organic Blueberry, Organic Blackberry, Organic Cherry, Organic Cranberry Juice Concentrates, Organic Pomegranate Juice Concentrate, Stevia Leaf, Organic Vegetable Glycerin USP, Organic Flavors, Acids and Natural Preservatives.		
Folate as Metafolin® L-5-MTHF-Ca	400 mcg DFE	100%	as Albion TRAACS® chelate					
B12 as Methylcobalamin	200 mcg	8330%	Boron as BorOrganic®	1 mg	*			
B12 as Adenosylcobalamin	100 mcg	4165%	Iodine	75 mcg	50%			
Biotin	300 mcg	1000%	from Dulse sea algae and potassium iodide					
Betaine	50 mg	*	MSM as OptiMSM®	75 mg	*			
Vitamin C Immune and Antioxidant Complex			Humic & Fulvic Extracts	25 mg	*			
Non-GMO Vitamin C	400 mg	440%	with trace minerals and elements					
as Polyphenol-C® with Polyphenols and Bioflavonoid-Rich Organic Whole Fruits and Extracts from Organic Grape, Blueberry, Cranberry, Blackberry, Raspberry, and Strawberry.			Trans-Resveratrol	10 mg	*			
Organic Acerola, Organic Camu Camu,	160 mg	*	Tyrosine (as N-Acetyl-Tyrosine)	50 mg	*			
Organic Amla, Orange Peel, Lemon Peel, Strawberry, Mango, and Rose Hips			CoQ10 (as MicroActive)	50 mg	*			
Organic Citrus Bioflavonoid Complex	50 mg	*	L-Citrulline	50 mg	*			
from Organic Oranges, Lemons, Tangerines			GI Health, Integrity, Digestive Enzymatic and Prebiotic Fiber Blend					
Quercetin	50 mg	*		1245 mg				
Rutin	15 mg	*	Protease 1 (10,500 HUT), Protease 2 (25 SAPU), Protease 3 (1 AP), Amylase (1750 DU), Lipase (250 FIP), Glucoamylase (2.5 AGU), Invertase (200SU), Diastase (750 DP), Bromelain from Pineapple Extract (900,000 FCC PU), Papain from Green Papaya Extract (450,000 FCC PU)					
NAC N-Acetyl Cysteine	50 mg	*	Organic Digestion Resistant Prebiotic Fiber	1020 mg	*			
Curcumin (Turmeric Extract)	100 mg	*	L-Glutamine	100 mg	*			
Organic Elderberry Concentrate	80 mg	*	Humic & Fulvic Extracts	100 mg	*			
			Organic Ginger	50 mg	*			

%DV based on a 2,000 calorie per day diet | *Daily Value not established. 1 Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany

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**These statements have not been evaluated by the FDA. This product is a dietary supplement and not intended to diagnose, treat, cure, or prevent any disease.

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